#### Hi there, and welcome (back) to Buckman!

I am so excited to introduce the course catalog for the fall SUN term, and I know many of you have been eagerly anticipating this moment. Before you dive in, I wanted to take a moment to explain some changes we've made this year.

The first adjustment we've made is that class sizes will be smaller. As COVID continues to run its course, we believe smaller class sizes are a wise choice. This also allows for more individualized instruction and community building, so even once COVID is over, it is likely these class sizes will remain the same.

Another major adjustment is that we are offering fewer courses overall. When I began at Buckman in November of 2019, the program was quite large and did not reflect the values of Impact NW or my own trauma-informed values surrounding safe learning for all students. My hope is that by downsizing the program, at least for the moment, we will be able to reset expectations and truly provide support for all students. I recognize that this change impacts families differently, and will create hardship and change for some, but it's important to us that we work to create a less chaotic and more supportive environment after school, and that requires getting smaller, for now. We are also offering more partner classes which may be priced higher than our general SUN classes. We have decided to do this to support our wider community, and to bring in outside options taught by experts in those areas. My hope is that students will benefit from this expertise and will be excited and engaged even after a long day at school.

Finally, you'll notice that we've increased our class pricing. This not only supports the downsizing I wrote about above, but also provides more scholarships for students as well as a higher wage for instructors. COVID taught us many things, including how to support our larger community. SUN instructors are what keeps SUN running, and deserve to be paid according to their critical role. We also have more families in need than ever before, and by paying a few dollars extra per class, you are nurturing the diversity of Buckman and helping support our whole community.

Please let me know if you have any questions or concerns. I'm open to hearing any and all feedback. Again, thank you for supporting Buckman SUN. If you would like to donate to help support the program, see our wish list at the bottom of this letter. We are so glad to be back to running programming!

Best,



Katie Olson, she/her/they/them pronouns SUN Community School Site Manager Buckman Elementary School P: (503) 858-0230 E: kolson@impactnw.org

Buckman SUN Wish List:

- 1. Pre-packaged healthy snacks (granola bars, fruit puree pouches, string cheese, etc.)
- 2. See our Amazon wish list here: https://www.amazon.com/hz/wishlist/ls/2G4A5BRTG2HW5?ref\_=wl\_share

If you would like to make a monetary donation, you can do so here (mark "Buckman SUN" in the special program of support field): https://impactnw.org/how-to-help/donate/

## **Buckman SUN Community**

**School** Phone - 503 858 0230 Room 114

### 320 SE 16th Ave, Portland, OR 97214



Sept. 20 through Dec.10

## What is SUN?



## **Important Dates**

Buckman SUN is a full-service neighborhood hub where we partner as a community to make sure that students and families have what they need to be successful- in school and in life!

Does your family need extra support with food, energy bills, and/or clothing? Let us know!

## This packet includes

SUN After School Daily Schedule, Extended Day Class Descriptions, maintain social distancing guidelines per Registration Forms and Waivers, Late Pick Up Policy, Create More Fear Less application.

## **COVID-19 precautions**

Buckman SUN commits to following guidelines as set by the CDC and ODE and will adjust as necessary. Students will be expected to wear a mask and

August 23rd - Early Bird Registration opens

September7th - General Registration opens

September13th - All Registrations due

**September 20th - First Day of SUN** 

October 4th -Last day to make enrollment changes

October 8th - No SUN

November 5th - No SUN

November11th - No SUN

November 22nd to November 26th - No SUN

**December10th -Last Day ofFall SUN 2** 

ODE rules. If Covid safety precautions cannot be followed, a student may need to unenroll from SUN.

## **About Early Bird Registration**

In order to ensure that Early Bird Registration remains equitable, all Early Bird Registration will be completed using paper registration (included in this packet). Please note that scholarships are not guaranteed so please turn in your registration as soon as you can. Paper registration forms can be emailed directly to Katie Olson at kolson@impactnw.org OR mailed to the office, ATTN: SUN OR brought to room 114. We will update your Active Network account to still allow for online payments to occur.





## **Buckman SUN Daily Schedule**

3:00 - 3:15	SUN transition, snack, check-in
3:15 - 3:25	Recess
3:25 - 4:25	First Hour classes
4:25 - 5:25	First Hour dismissal, second hour transition
5:25 - 5:30	Second Hour dismissal
5:30 - 5:45	After Care

We enforce the same school-day expectations and hold them accountable to their ROARS. Any unsafe, disrespectful, or disruptive behavior could result in dismissal from the program. Students may be asked to switch to a different class or leave the program if there is a repeated pattern of non-cooperation, non-participation, or disruption to other students' learning. Our first priority is to keep all students safe and in a space where they learn best and we do our best to accommodate all students to the best of our abilities. We will communicate and problem solve with students and families before actions are taken and dismissal from the program will

only be a last resort when all other options have been explored.

## Dismissal

Due to COVID-19 and changing county, state, and national guidelines, we are developing cohesive pickup instructions. We will have comprehensive instructions when SUN begins September 20th.

## **Enrollment Changes**

All class enrollment changes must be made in the first two weeks of SUN. In order to receive a full refund, drop requests must be made in the first two weeks. To make enrollment changes for your student, contact Katie or Tabitha.

## Early pick up

We understand that busy schedules often call for sporadic early pickups. If early pickup is needed frequently, please communicate with us so we can problem solve together.

## Late pick up policy

We understand with busy schedules, it can sometimes be difficult to be at Buckman at 5:30. We offer After Care for caregivers who might need a little extra time getting to Buckman. If you're late once and have not signed up for After Care, we'll waive the fee. If you're late twice, we'll charge the fee and every incident afterwards. We want to work with you so please communicate with us if you need ongoing After Care.



#### 1-2 Grade

**Partner class** 

#### **Tiny Dance Life - Ballet**

#### 1-2 Grade

#### **Upcycled Art**

Create fun objects and art with everyday objects

that might get thrown away. Learn how to reduce

Buckman SUN is excited to introduce a new waste and explore your unlimited creativity!

partner dance class that teaches a variety of fun dance styles and techniques.

#### 3 - 5 Grade

**Rudnick's Relaxed Reading Rainbows** Do you need a quiet and relaxing reading space after a busy school day? Join Ms. Rudnick in the library for a cozy and silent 45 minutes in a reading group. Bring the book you are reading or get one in the library to read at your own pace.

#### 3 - 5 Grade Sports

Play some old favorites and learn the rules of other sports you might not know about. This class will focus on soccer but there will be room for other sports if students want!

#### Second Hour(4:30 - 5:25)

1-2 Grade

**Tiny Dance Life - Hip-Hop** 

#### 3 - 5 Grade

#### **Cranium Club**

Get your homework finished early and make

#### **Partner class**

See previous description.

#### more time for having fun! No homework? No

problem! Bring a book, play Sudoku, finish a crossword puzzle or master your chess skills!

## Tuesday First Hour(3:00 - 4:25)

1- 2 Grade	
	1-2 Grade
Grace in Motion	Space Explorers
	321Blast off to the moon and beyond!
Partner class	
	Explore deep space mysteries, other galaxies
Motion Magic is now Grace in Motion! Grace in	and store 100 the size of south Frank work
Motion still offers the same great circus arts	and stars 100x the size of earth. Each week,
Motion still offers the same great circus arts	we'll study a different space phenomenon and
class for kids.	
	then land safely back on Earth. Come take a trip

	around the SUN!
3 - 5 Grade	
Cranium Club	3 - 5 Grade
	Choir
See previous description.	Leave concercing modeling, and work on
	Learn songs, sing melodies, and work on performances.

#### Second Hour(4:30 - 5:25)

1- 2 Grade	
	3 - 5 Grade
FallFun Nature Crafts	Grace in Motion
Make fall crafts with found objects in nature	
	Partner class
around us, while enjoying the outdoors.	See previous description.

## Wednesday First Hour(3:00 - 4:25)

#### 1-5 Grade

#### **Basket Weaving**

Over under over under wrap around ... . Students

will learn a variety of weaving styles and

techniques while exploring patterns, textures,

and fibers. The main project will be woven on individual frame looms.

#### 3 - 5 Grade Create More,FearLess

Do you like drawing, sharing your ideas and feelings, and learning about other people? Through hands-on art projects, we will learn strategies to manage worries and change, to embrace imperfection, and create a supportive community. Please answer the questions at the end of the registration form to apply for the 10 spots in the Fall group and the waiting list for Winter and Spring sessions.

#### Second Hour(4:30 - 5:25)

#### 1- 2 Grade Crazy 8s

Solve problems, games, and brain teasers in this awesome math class. Find out how problem solving can be fun and rewarding.

#### 3 - 5 Grade

#### 1- 5 Grade Yoga

Thursday

First Hour(3:00 - 4:25)

Come learn about movement that strengthens the body and mind. Learn about balance, focus, flexibility, and strength while hissing like a snake, being a tree, becoming a flower, and relaxing like a lizard.

#### Storytellers

**1-2 Grade** 

Explore the different ways you can tell a story

through pictures, words, and movement. Create

your own stories using the techniques you learn!

#### Lego Club

Get your build on with a new LEGO challenge every class! There will be speed build races, LEGO mazes, and lots of opportunity to show your creativity. We'll build super tall towers and sturdy bridges, dream houses and dragons and so much more!

#### 3 - 5 Grade Culture Crafting

Using arts and crafts from around the world, we'll do fun projects each week while learning about different people, regions, and cultures.

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#### 1-2 Grade

#### **Math Magic**

Learn how numbers can be magical and mystical. Using games, puzzles, and brain teasers, discover how you can find magic in the world using math.

#### 3 - 5 Grade

#### **Broadcast Media**

Lights, Camera, Buckman! A kid's weekly guide to the top news, interviews, and updates. Learn what it takes to produce a news show from research and writing to broadcast television.

#### **1-2 Grade**

#### **Animal Art**

Explore the cool and colorful animal kingdom through art and craft projects. Each week, students will learn about some amazing animals and then do an art project related to the animal.

#### 3 - 5 Grade

#### **Movement Games**

Get up and get moving in this class about structured play. We'll learn fun games such as Tag, Secret Leader, and more! All with adjusted rules for social distancing.

#### Second Hour(4:30 - 5:25)

1- 2 Grade	
	3 - 5 Grade
Patterns and Shapes	
<b>T</b> I II I I I I I I I I	Space Exploration
The world around you is made up of shapes.	We will be building space station vehicles with
We'll explore these shapes and explore the	
	legos, explore astronaut life, and study the solar
patterns they make in this fun art class.	system.
	System.

## Friday

First Hour(3:00 - 4:25)

1- 5 Grade	
	1-5 Grade
Tae Kwon Do	
	Theater
Partner class	
	Partner class
Your child will be learning the traditional style of	
	Hosted by NWCT, kids will play theater games,
TaeKwon-Do taught at Kim's TaeKwon-Do, one o	
	perform plays, and explore performing arts!
the largest Taekwon-Do organizations in the Northwest.	

## **BUCKMAN SUN Extended Day Program Registration Form**

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(complete all following pages 7-14)

#### **STUDENT INFORMATION**

Name (last name, first name):	Gender/Pronouns:
Grade: 1 2 3 4 5 Teacher:	Date of Birth:/

Health concerns/Allergies:\_\_\_\_\_

#### Race\* (Circle All That Apply):

African Asian Black/African American Latino/Hispanic Middle Eastern

Caucasian/White Native American/Alaska Native Native Hawaiian/Pacific

Islander Slavic Caucasian/White Decline to Answer

Other:\_\_\_\_\_

Ethnicity\* (Check All That Apply):

African Immigrant American/USA Caribbean Latino/a/x Middle Eastern Pacific

Islander/Native Hawaiian Decline to Answer Other:\_\_\_\_\_

\*Information collected in partnership with Multnomah County

#### **FAMILY INFORMATION**

Language(s) Spoken:

English Español Русский Tiếng Việt ພາສາລາວ Other:	
Parent/Caregiver 1:	 Parent/Caregiver 2:
Phone: ( )	Phone: ( )
Phone: ( )	Phone: ( )
Email:	 Email:

Other Adults (Age 18+) Authorized to Pick Up Student:\_\_\_\_\_

5th graders only - My student has permission to sign out and walk home.

#### **IN CASE OF EMERGENCY**

Emergency Contact Information (Local Adults other than Parent/Guardian):

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Name:	
	Name:
Phone: ( )	
	Phone: ( )

I give permission for \_\_\_\_\_\_ (print child's name) to participate in activities held at Buckman School as part of the SUN program. If staff are unable to reach me, another guardian, or emergency contact, I grant permission for my child to receive emergency medical treatment and to be transported to a hospital if deemed necessary. I agree to pay all medical bills not covered by the insurance company listed below. I release Impact NW, Portland Public Schools, and SUN's partners, staff and volunteers from liability and responsibility for any bills resulting from injuries incurred in these programs. I understand that my child will be responsible for checking in and out with SUN program staff every day when arriving/leaving SUN programs. I release SUN, Impact NW, Portland Public Schools, and program partners/staff from responsibility for my child after they check out with SUN program staff and/or leave school property. I have included information regarding allergies or other medical conditions or situations about my child of which staff should be aware.

	y
I understand <b>that medications which have been brought into the school office are</b> <b>not available after normal school day hours</b> and that separate medications and instructions must be prepared for the SUN Extended Day Program. Parent/Guardia	
Signature:	Date:
Health Insurance Company:	
Policy/Record Number:	

**Notice of Non-Discrimination** 

Sun Community Schools programs and services reflect the diversity of our community. We do not discriminate based on the basis of religion, race, color, gender, national origin, sexual orientation, age or disability.

## **Behavioral Expectations**

The safety and well-being of all participants and staff is of utmost importance. To ensure safety in SUN Community Schools, we require that all participants be able to follow all three of the following criteria:

1. Be age-appropriate for the activity/program.

2. Be able to maintain safe behavior during the activity. This means that they can participate without harming themselves or others. Specific required behaviors include: -- Treating adults and other students with respect.

- -- Following directions of adult instructors and coordinators.
- -- Remaining in the assigned room until dismissal.
- -- Engaging in safe, non-violent behavior.
- 3. Participate meaningfully in the activity and not disrupt or distract others.

If you have questions or concerns about whether your child can follow the behavioral expectations above or whether s/he/they will benefit from the program being offered, please talk with the SUN Site Manager, Katie Olson.

#### 10 Parent/Guardian Release of Student Information and Liability Egive

permission for the above-named child to participate in any activities that are held at Buckman SUN after-school program. In an emergency when I can't be reached, I grant permission for emergency medical treatment to be given to my child. I agree to pay all medical bills not covered by our insurance company. I release Portland Public Schools, Impact NW, and SUN's partners from responsibility for any bills resulting from injuries incurred in these programs. I understand that my child will be responsible for checking in and out with the SUN program staff every day when arriving and leaving the SUN Extended-day program. I release SUN, Impact NW, Portland Public Schools and program partners from responsibility for my child after they check out with SUN program staff and/or leaves school property. I have included information regarding allergies or other medical conditions about my child of which staff should be aware.

Parent/Guardian Name:\_\_\_\_\_\_ Student Name:\_\_\_\_\_

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# Waiver ofLiability and Hold Harmless for Communicable Disease including COVID-19

The novel coronavirus ("COVID-19"), has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. While rules, guidance, and personal discipline may reduce this risk, the risk of serious illness and death does exist. Portland Public Schools cannot completely mitigate the transfer of communicable diseases like COVID-19 especially when involved in SUN Summer Camp activities. Participation in SUN Summer Camp includes possible exposure to and illness, injury, or death from infectious diseases including COVID-19.

In consideration for providing my child the opportunity to participate in SUN Summer Camp and any related transportation to and from SUN Summer Camp events, both my child and I voluntarily agree to waive and discharge any and all claims against District and release it from liability for any exposure to or illness or injury from an infectious disease including COVID-19, including claims for any negligent actions of the District or its employees or agents, to the fullest extent allowed by law, for myself, my child, our estates, our heirs, our administrators, our executors, our assignees, and our successors.

I also agree to release, exonerate, discharge and hold harmless the District, its Board of Directors, the individual members thereof, and all officers, agents, employees, volunteers, and representatives from all liability, claims, causes of action, or demands,

including attorney fees, fines, fees, or other costs (e.g. medical costs) arising out of any exposure to or illness or injury from an infectious disease including COVID-19, which may result from or in connection with my child's participation in SUN Summer Camp.

I further certify and represent that I have the legal authority to waive, discharge, release, and hold harmless the released parties on behalf of myself and the above-named student.

I certify that I have read this document in its entirety and fully understand its contents. In exchange for the opportunity to participate in the SUN Summer Camp, the below-named student and I freely and voluntarily assume all risks of such hazards and notwithstanding such, release District from all liability for any loss regardless of cause, and claims arising from the student's participation in the SUN Summer Camp.

Parent/Guardian Name:	Student Name:
Parent/Guardian Signature:	Date:

## 12 SUN Community School Release of Student Information 2021-2022



Our SUN Community School is a collaboration of **Portland Public Schools**, Multnomah County, the City of Portland and many community partners and agencies who come together to support children's success in school and

life. We do this by working together to meet the specific needs of our students and their families.

In order to provide your child with the best services and support possible, the SUN Community School Site Manager needs your permission to be able to share information with the people who are teaching and serving your child specifically. This information may include student name, student ID #, grade level, achievement test scores, course grades and grade point averages, attendance, Individual Education Plan, demographic, and behavior/discipline information. The SUN Community School Site Manager will only share this information when it is required by a partner organization or supports your student's success. This information may also be shared with the City/County SUN Initiative and their evaluation contractors for program evaluation.

Organizations receiving information about your student are informed of state and federal confidentiality provisions. This includes employees and volunteers managed by the SUN Community School site manager and staff of other partner agencies providing the activities in which my child participates. They are not authorized to release information to any agency or person not listed in this release without specific written consent of the parent/legal guardian.

Children may participate in SUN activities whether or not their Parent/Guardian agrees to the release or exchange of educational information to other staff or agencies.

➤ Check box AND sign below:

□ **YES**, I authorize the release and exchange of student records with staff of programs/activities that I register my child for and for evaluation purposes.

NO, I do NOT authorize the release and exchange of student records with staff of programs/activities that I register my child for or for evaluation purposes, but I want my child to participate in SUN activities.

Parent/Guardian Name:	_ Student Name:

Parent/Guardian Signature:	Date:
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This permission is effective from 7/1/2021 – 6/30/2022 unless cancelled in writing. 13

## **Course Enrollment**

Please write the class name in each slot below that you would like your student to participate in.

<b>*</b>	First Hour (3- 4:25)	Second Hour (4:25-5:25)	After Care (5:30-5:45) <b>Friday only</b> (4:30-5) Circle one option
Monday			Yes No

Tuesday		Yes No

Wednesday Yes No Thursday Yes No Friday Yes No

I acknowledge that each SUN class is \$110. I will contact Katie if I need scholarship assistance.

I acknowledge After Care Monday through Thursday is \$10 per day. Friday After Care is \$20.

I acknowledge that Buckman SUN reserves the right to change classes or the schedule before the term begins. If a class does not meet the minimum participation requirements, it may be cancelled. Buckman SUN will communicate any changes with caregivers as relevant.

## **Create More, FearLess Application**

If applying for the Create More Fear Less group with Ms Jess, please answer the questions below and submit with the rest of your registration form.

1. What kinds of things make you feel worried or anxious?

2. What do you do when you feel this way? Who do you talk to?

3. How do you feel about making mistakes?

4. Do you like doing art?

5. How do you show someone that you are listening to them?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_